## Monday Youth Activities

Time	What	Who	How Much	Where	Contact
6pm – 8pm	Immingham Youth group Arts Crafts, Games, Sports, Pool Discos	11 – 16 years	free	Old Library Building Pelham Road	Contact Climb 4 via their face book page for further details
6-7 pm	Boxing sessions	Age 8 upwards	Free	Oasis Academy Immingham	Contact Hannah Bown at Oasis Academy Immingham for Further details and to book a place
7 pm– 9pm	Scouts 10-14 years old	6-8 years	£1.50 per night paid termly	Trinity Methodist Church	Email <u>2ndimmingham@gycscouts.org.uk</u>
5.30-6.30pm	, Kickboxing.	Children age 6- 16 years	£3	Old Scout hut Highfield Ave	Shane Gostick 07402210167 email shanegostick@gmail.com
6.30-7.30pm	Fair play league football	School Year 7 & 8	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7.30-8.30pm	Fair play league football	School Year 9 – age 19	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7.15-8:45pm	Immingham Girl Guides	10-14 years Girls	£3 weekly	Immingham Christian Centre Pelham Road	Register interest via website <u>www.girlguiding.org.uk</u>
6:30pm – 9:15pm	866(Immingham)Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12-20years old	12yrs to 20 yrs	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email <u>oc.866@aco.org</u> phone 01469573565
7- 8.30pm	Photography Group Learn skills and develop your existing skills The group meets indoors during winter months but visit community locations of interest on other times	Over 11 and adults of any age	Free	Trinity Methodist Church or community locations	chair@onevoicecommunity.com 07513612964

	Please contact us for further details and confirmed meeting points				
7-9pm	Immingham Army Cadet Force	12 years (must be in year 8 at		Immingham Army Cadet Hut	Lynnete Newman
		school) – 18		opposite County	07521909558
	Shooting, map reading, first aid, leadership skills and	years old		Hotel.	
	much more	both boys and			
		girls			
7-9pm	COMMA , Combat Street Arnis, Thai boxing, striking, Kickboxing.	Children over 16 years and adults of any age	£4.50	Old Scout hut Highfield Avenue	Shane Gostick 07402210167 email shanegostick@gmail.com

## **Tuesday Youth Activities**

6-7pm	Dance Fitness A dance cardio fitness session suitable for all abilities	Age 14 year- Adults	Free	Oasis Academy	Email:chair@onevoicecommunity.com
67 pm	GTF Football sessions	School Year 7 – 9	free		Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7-8 pm	GTF Football sessions	School Year 10 – 13	free		Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
6.30pm - 8pm	Pilgrim sounds Music production session delivered by Freestyle Academy	11-16 years	Free	Civic Centre Pelham Road	chair@onevoicecommunity.com 07513612964 Or info@freestyleacademy.org.uk 07999493147

6.30 - 7.30	Fitness sessions with fat loss and toning exercises suitable for all fitness levels. Just turn up, please bring plenty of water to keep Hydrated	16 Years and over	£4	Eden	Lee Costello 07540230994 lee_costeelo86@icloud.com Private personal training sessions are also available please contact Lee for further information
9.15pm	Immingham Sea Cadets Fun activities for ages ranging from 10yrs old to 18 yrs old which include rowing and powerboating as well as fun weekend's.	10 – 18 years	£12.50 monthly With a sibling discount if more than 1 child joins	Lorry Park	Please contact them via the Immingham sea Cadet Facebook page Or by email imminghamscc@gmail.com
6:30 – 9:15pm	866(Immingham)Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12- 20years old	12yrs to 20 yrs.	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email <u>oc.866@aco.org</u> Phone 01469573565
7.30- 9.30pm		Adults of any age	£4.50	Old scouts hut Highfield Avenue Imm	Sensei Craig Peacock 07402215819 email <u>Aikimarra@hotmail.com</u>

# Wednesday Youth Activities

6.45-7.45 pm	Unique academy of Dance fun dance class	Age 10 years and over	£4.50	Immingham Christian Centre Pelham Road	Contact Becky Wishart Facebook: Unique academy of dance Tel: 07718215885 Web: <u>www.uniqueacademyofdance.co.uk</u>
7-8.30pm	Hope Community Youth group Fun activities crafts, pool table music, games refreshments provided	Age 11-16 years	Free	Old library Building Pelham road	hopecommunityimmingham@gmail.com Phone 07513612964

5.30-6.30pm	Kick Boxing class	Age 6-16 years	£3	Old scouts hut Highfield avenue	Shane Gostick 07402210167 email shanegostick@gmail.com
5.30 -6.30pm	1 <sup>st</sup> Habrough Guides	10-17 years	£2 weekly	Habrough Village hall	Marilyn Tucker <u>m.tucker3@ntlworld.com</u>
7-9pm	Immingham Army Cadet Force	12 years (must be in year 8 at		Immingham Army Cadet Hut	Lynnete Newman
	Shooting, map reading, first aid, leadership skills and much more	school) – 18 years old both boys and girls		opposite County Hotel.	07521909558
7-9pm	COMMA, Combat Street Arnis, Phillapino Martial arts	16 years and adults	£4.50	Old Scout hut Highfield Avenue	Shane Gostick 07402210167 email shanegostick@gmail.com
Varied times please contact for details	Immingham Town Football Club Training night	16+	£3 per session	Woodlands football ground	Email <u>Immtownfc@gmail.com</u>

## **Thursday Youth Activities**

5.30- 6.30 pm	Taiko Drumming sessions	Age 11 + adults of all ages	Free	Old Library building Pelham	chair@onevoicecommunity.com
	Under age 11 must be accompanied			road	07513612964
6:15 pm – 7:15	-	12 – adults	£4 per class	Immingham	Nina Walker
pm	Body Toning and Hiit			Christian Centre	Email
	Workout				ninamwalker@icloud.comPhone 07740
					367250
6.30- 7.30 pm	Fitness sessions with fat	16 Years and	£4	Eden Margaret	Lee Costello 07540230994
	loss and toning exercises	over		street	lee_costeelo86@icloud.com
	suitable for all fitness levels.			Immingham	
	Just turn up, please bring				Private personal training sessions are also

	plenty of water to keep Hydrated				available please contact Lee for further information6-6.45 am
6 – 7 pm	Premier league Kicks football	School year 3-6	free	Oasis Academy Immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7 – 8 pm	Premier league Kicks football	School year 7-13	free	Oasis Academy Immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
6.20pm till 9.15pm	Immingham Sea Cadets Fun activities for ages ranging from 10yrs old to 18 yrs old which include rowing and powerboating as well as fun weekend's.	10 – 18 years	£12.50 monthly With a sibling discount if more than 1 child joins	Immingham Lorry Park	Please contact them via the Immingham sea Cadet Facebook page Or by email imminghamscc@gmail.com
6:30pm – 9:15pm	866(Immingham)Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12-20years old	12yrs (must be school year 8) to 20 yrs	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email oc.866@aco.org Phone 01469573565
6.30-8.30pm	Comma Street Combat Aikido	Children	£3 per week	High field avenue old scouts hut	Sensei Craig Peacock 07402215819 email <u>Aikimarra@hotmail.com</u>

## **Friday Youth Activities**

6-8.30 pm	Games Night Fun evening for all board games,	All ages and adults Under 11 must be accompanied by	Free	Old Library Building	chair@onevoicecommunity.com
	quizzes and much more refreshments provided	an adult		Pelham road	07513612964
4-5 pm	Multi Sports sessions	11-13 years School years 7-9	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk

5-6 pm	Multi Sports sessions	14-17 years School years 10-13	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
6.30-8.30pm	Netball sessions suitable for all abilities	Age 11 year- Adults	Free	Oasis Academy	Email:chair@onevoicecommunity.com

### Saturday/Sunday Youth Activities

Varied	Immingham Pilgrims AFC	Age 11 – 16 year	Weekly	Roval Drive	Kim Leach
Times	Football please contact for details of opportunities to play on a team	olds	Subscriptions and a membership fee		Email: kleach1@hotmail.com
10.30 -12 noon	Wasps Rugby sessions	School year 5 to year 9's	Free to attend	Eastfield School	Contact Andy 07877424319 Or via their face book page

Please note these activities may change and we advise you contact the main contact to confirm details

There are also a wide range of afterschool activities offered from Oasis Academy details regarding these are on Oasis Academy Immingham website or their Facebook page